

100 High Frequency Words

At Buttsbury Primary School, we expect children to be able to read and spell all of these first 100 high frequency words typically by the end of Year 1.

These are listed in order of frequency. Children should recognise these without capital letters at the beginning (except Mr and Mrs) and with apostrophes if appropriate (I'm, it's).

1–25	26–50	51–75	76–100
1. the	26. are	51. do	76. about
2. and	27. up	52. me	77. got
3. a	28. had	53. down	78. their
4. to	29. my	54. dad	79. people
5. said	30. her	55. big	80. your
6. in	31. what	56. when	81. put
7. he	32. there	57. it's	82. could
8. I	33. out	58. see	83. house
9. of	34. this	59. looked	84. old
10. it	35. have	60. very	85. too
11. was	36. went	61. look	86. by
12. you	37. be	62. don't	87. day
13. they	38. like	63. come	88. made
14. on	39. some	64. will	89. time
15. she	40. so	65. into	90. I'm
16. is	41. not	66. back	91. if
17. for	42. then	67. from	92. help
18. at	43. were	68. children	93. Mrs
19. his	44. go	69. him	94. called
20. but	45. little	70. Mr	95. here
21. that	46. as	71. get	96. off
22. with	47. no	72. just	97. asked
23. all	48. mum	73. now	98. saw
24. we	49. one	74. came	99. make
25. can	50. them	75. oh	100. an

Helping at home

- Practise a few words regularly rather than trying to learn all 100 at once.
- Encourage your child to spot these words when reading books, signs and everyday writing.
- Ask your child to spell the words aloud and then write them down.